

## CERTIFICATE III INSTRUCTIONS

Date training completed: \_\_\_\_\_

Teachers Name : \_\_\_\_\_

Date all assignments due by: \_\_\_\_\_

### For award of competency of Certificate III in Psychosomatic Therapy:

- Photocopies of all log book assignments are to be submitted to your teacher for assessment between 6 to 12 months from completion of your 10 day training.
- All documented evidence required to be signed by your teacher
- All analysis and consultations are to be endorsed by each client

### To enhance your experience use these suggested events and opportunities:

- Revise your notes, read books and watch DVDs on psychosomatic related topics
- Review Certificate III Psychosomatic Therapy trainings within 12 months of completing the initial 10 day training.
- Attend INTAPT forums in your area and INTAPT conferences
- Assist at Expos
- Face read at Expos and private functions
- Private practice after certification

### For application of Recognition of Prior Learning:

Students trained by registered teachers must submit the following information when applying for RPL for Certificate III in Psychosomatic Therapy with PTC :

- 1 x copy Body-Mind Analysis - Photographs included
- 1 x copy Psychosomatic Lifestyle Consultation
- completed log book
- copies of your assessment sheets
- copy of Certificate of Attainment awarded by trainer
- Psychosomatic Therapy College's RPL application form
- RPL application fee
- Reflective Learning Document

## CERTIFICATE III REFLECTIVE LEARNING / ASSIGNMENTS

### 1. Reflective Learning:

Studying & reviewing the Psychosomatic Therapy Level I & II text books.  
A Reflective Learning document of tasks are provided for further in depth reflection.  
This Q&A document is to be completed & submitted for assessment.

### 2. Practitioner Training:

2 clinic practice days

#### Day 1

consists of 2 supervised sessions on the same client with the following sequence:

- Psychosomatic Lifestyle Consultation 1hr 30 mins
- Psychosomatic Emotional Release bodywork,

followed by an energy balancing massage 2 hrs

#### Day 2

consists of 1 full BMA session followed by Psychosomatic Emotional Release bodywork & Energy Balancing massage.

### 3. Practical assignments:

5 x Body Mind Analysis sessions

- A complete analysis of each client with feedback - study all the guidelines from text book manuals
- Photographs of the full body - front, back & side views - must be provided with student's remarks on each drawing with the 4 body templates and the complete 8 page report - follow guidelines from text book manuals.
- Photographs of the face (front and profile), both hands and both feet of the same client with the written report of each to be submitted.

This gives a comprehensive and insightful mapping of the client.

The complete procedure described above is to be conducted on each client.

### 4. Psychosomatic Lifestyle Consultation

5 x Psychosomatic Lifestyle Consultations -  
follow guidelines from text book manuals.

### 5. Self Paced Learning: on going and as required

Study of suggested reference and recommended books, DVD's and web research in Anatomy, Psychosomatic research, Quantum Physics, Neuroscience studies for Psychosomatic Diseases and human social behaviour, communication and presentation skills. Many resources are available for your continuous improvement.

## CERTIFICATE III ASSIGNMENTS

### Record of Assignments

Date	No:	Assignment	Endorsed by:	
			Client	Teacher
	1	Body-Mind Analysis session		
	2			
	3			
	4			
	5			
	1	Psychosomatic Lifestyle Consultation		
	2			
	3			
	4			
	5			

### Clinic Practice Day #1

Date	No:	Assignment	Endorsed by Teacher
	1	Psychosomatic Lifestyle Consultation	
		Psychosomatic Emotional Release Bodywork with energy balancing massage	
	2	Psychosomatic Lifestyle Consultation	
		Psychosomatic Emotional Release Bodywork with energy balancing massage	

### Clinic Practice Day #2

Date	No:	Assignment	Endorsed by Teacher
	1	Body-Mind Analysis session	
		Psychosomatic Emotional Release Bodywork with energy balancing massage	

## CERT III CHECKLIST

**PTC Certificate III students** are to submit the following assignments to PTC by the due date:

Logbook assignments to be submitted by scanning and emailing or in hardcopy and posted/hand delivered. Only submit copies of your paperwork, not your originals.

Any originals received will not be returned.

All written assignments are to be in Word document or PDF format. Photos of written assignments will not be accepted.

Photographic evidence of BMAs can be submitted as jpegs or PDFs.

### Reflective Learning assignments:

- Task #1 Psychosomatic Breakthrough
- Task #2 The Art of Reading Faces
- Task #3 Body Mind Analysis & Limbs, Joints and Feet
- Task #4 The Language of the Hands
- Task #5 Emotional Anatomy
- Task #6 Procedure for Emotional Release Bodywork

### Logbook:

- Pages 1, 2 and 4

### Practical Assignments:

- Body-Mind Analysis #1
- Body-Mind Analysis #2
- Body-Mind Analysis #3
- Body-Mind Analysis #4
- Body-Mind Analysis #5
- Psychosomatic Lifestyle Consultations #1
- Psychosomatic Lifestyle Consultations #2
- Psychosomatic Lifestyle Consultations #3
- Psychosomatic Lifestyle Consultations #4
- Psychosomatic Lifestyle Consultations #5

## MASTER PRACTITIONER INSTRUCTIONS

Date training completed: \_\_\_\_\_

Teachers Name : \_\_\_\_\_

Date all assignments due by: \_\_\_\_\_

### For award of competency of Master Practitioner:

- Photocopies of all log book assignments are to be submitted to your teacher for assessment between 6 to 12 months from completion of your 10 day training.
- All documented evidence required to be signed by your teacher
- All analysis and consultations are to be endorsed by each client

### To enhance your experience use these suggested events and opportunities:

- Revise your notes, read books and watch DVDs on Psychosomatic related topics & Body Language/Personality Profiling
- Remain connected with the Psychosomatic Therapy community by social media, attending/facilitating forums in your area, reviewing with a variety of psychosomatic teachers & attending the INTAPT conferences
- Assist/Face read at Expos and private functions
- Maintain private practice after Masters Certification

### For application of Recognition of Prior Learning:

Students trained by registered teachers must submit the following information when applying for RPL for Master Practitioner in Psychosomatic Therapy with PTC :

- 1 x copy Body-Mind Analysis - Photographs included
- 1 x copy Psychosomatic Lifestyle Consultation
- 1 x copy Psychosomatic Disease case study
- 1 x copy of your topic & outline of a practical presentation
- 1 x copy Body Language case study assessment & 10 video
- 1 x copy Personality Profiling case study incl photos & report
- Completed log book
- Copies of your assessment sheets
- Copy of Certificate awarded by trainer
- Psychosomatic Therapy College's RPL application form
- RPL application fee

### Teacher Training Preparation:

You have twelve months to prepare for the Teacher Training. Make the best use of these opportunities available to you to build your experience and create a successful professional career as a Master Practitioner of Psychosomatic Therapy.

## MASTER PRACTITIONER HOME STUDY / ASSIGNMENTS

### Documented evidence required for completion of Master Practitioner

Logbook assignments are to be completed between 6 - 12 months from completion of the 10 day training.

All analysis and consultations are to be endorsed by each client & teacher.

Photocopies of all assignments are to be submitted to your Teacher.

### Practical assignments:

\* 3 x Advanced Psychosomatic Lifestyle Consultations

Covering any of the following areas:

(a) general health (b) relationships incl mental & emotional attitudes & issues or (c) life purpose, all with written report and work sheets

\* 3 x Body Mind Analysis therapy sessions

\* 5 x Case Studies identifying diseases, chronic or symptomatic with Psychosomatic evidence

\* 5 x Advanced Emotional Release Bodywork & Soul Energetics clearing & balancing sessions

- 2 x sessions are supervised by the teacher (clinic)

\* 3 x Body Language Case Studies

A written assessment & feedback form on a 10 minute video for each case study - provide a link to video.

\* 3 x Personality Profiling Case Studies

Photographs of the face (front and profile) with the Personality Profiler advanced face report.

### Presentations and class room experience:

\* 3 days assisting at Certificate III or Master Practitioner 10 day trainings

- Attendance to be endorsed by Trainer -

\* 3 x Psychosomatic Therapy Presentations

Written copies of your topics & outlines of each practical presentation along with any promotional material used

**\* To increase your expertise as a Master Practitioner it is highly recommended that you do more of the above assignments in your own time \***

**MASTER PRACTITIONER ASSIGNMENTS**

**Record of Assignments**

Date	No:	Assignments	Endorsed by:	
			Client	Teacher
	1	Adv. Psychosomatic Lifestyle Consults		
	2			
	3			
	1	Body Analysis Therapy Sessions		
	2			
	3			
	1	Case Studies - Psychosomatic Diseases		
	2			
	3			
	4			
	5			
	1	Adv. Emotional Release Bodywork		1 Clinic
	2			2 Clinic
	3			
	4			
	5			
	1	Body Language Case Studies		
	2			
	3			
	1	Personality Profiling Case Studies		
	2			
	3			
	1	Full day training assisting		
	2			
	3			
	1	Psychosomatic Presentation	attach promotional material	
	2		attach promotional material	
	3		attach promotional material	

**Personal Details**

**Full Name:** \_\_\_\_\_

**Student No:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Business/Home Address:** \_\_\_\_\_  
 \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_

**Postcode:** \_\_\_\_\_ **Country:** \_\_\_\_\_

**Phone:**

**Business:** \_\_\_\_\_

**Home:** \_\_\_\_\_

**Mobile:** \_\_\_\_\_

**Website:** \_\_\_\_\_

**Email:** \_\_\_\_\_